

# NYC Supervisors & Managers

As supervisors and managers of NYC employees, you not only have the responsibility to take care of yourself and your work responsibilities, but to assure your staff are doing the best they can. It can be difficult to know how to approach some situations and you may feel nervous about addressing certain concerns.

The NYC Employee Assistance Program (EAP) offers consultation services for these types of situations. We can assist you in determining the best and most sensitive way to speak to your employee(s) to promote support and address work-based issues. NYC EAP also **provides groups and workshops** for NYC leadership that address topics such as **Effective Communication, Managing Work Stress and Building Teamwork**.

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**Please reach out to the NYC EAP for further information and guidance.**

**Call:** 212-306-7660

**Email:** [eap@olr.nyc.gov](mailto:eap@olr.nyc.gov)

**Website:** [nyc.gov/eap](http://nyc.gov/eap)

